

## *Hiking calendar of Trekking Union for December 2021.*

### **ATTENTION!**

1. **One-day non-category weekend trips**, designed for ordinary healthy people, and do not require special training and equipment. They are produced in safe areas and have been tried and tested over many years. Generally accepted safety precautions and normal, deliberate, prudent daily conduct are sufficient to ensure safe participation. Tourists participating in such travels should be attentive, cautious, prudent, calculate their strengths and capabilities to participate in the trip. Tourists themselves ensure their safety, they themselves determine the possibility of their participation in the journey without harm to their health, and if their health worsens, they can at any time interrupt the passage of the route and stop for rest or even return to the bus.

2. **Equipment** - good mountain boots, a windbreaker jacket with a hood, sunglasses, a baseball cap (cap), a backpack of 25-30 liters. if necessary, have gaiters to protect feet from moisture and snow, a jacket, a hat, gloves. It is advisable to have trekking sticks, sunscreen, raincoat.

3. **The trip will take place in any weather**, but the route can be changed at the discretion of the group. On the day of departure, telephone conversations with the guide are possible from 07:30 in the morning.

4. "TUK" is not responsible for things left in the beads and in the office.

Dear vacationers and members of the Union, in connection with the current situation in the world in order to prevent the spread of coronavirus infection (COVID-19), we kindly ask you to have all the protective equipment (mask, gloves, antiseptic) with you.

### **04.12.2021 (Sat) Issyk-Ata (on the left bank), Bathing in springs.**

One-day hike to the Issyk-Ata gorge, hike along the orographically left bank to the other first waterfall (opposite the famous waterfall). This waterfall is larger in size and there is a good clearing nearby.

- Length of the car route: 160 km, walking route: 6 km. The maximum height difference is 200m. **Departure 08:30 am.**

- A non-categorical hike of the initial and intermediate level of training and requiring basic skills of being in the mountains.

Equipment – good mountain boots, gaiters to protect your feet from moisture and snow, jacket, hat, scarf and gloves, backpack 25-30L. It is desirable (but not necessary) to have track sticks, sunglasses, sunscreen, a windbreaker jacket with a hood.

- The cost of transport for a group of 15 people: 600 SOM/ person (for members of the "Trekking Union ..." 500 SOM/ person).

### **04.12.2021 (Sat) Kol-Tor lake, Kegeti gorge.**

Day trip to the gorge. Kohl-Tor, visit to the alpine lake Kohl-Tor 2733m.

- The length of the car route: 170km, walking route: 14km. The maximum height difference is 900m., the starting place is 1800m– the finish place is 2733m. **Departure 08:00 in the morning.**

- A non-categorical hike of an average level of training and requiring basic skills of being in the mountains.

Equipment – good mountain boots, gaiters to protect your feet from moisture and snow, jacket, hat, scarf and gloves, backpack 25-30L. It is desirable (but not necessary) to have track sticks, sunglasses, sunscreen, a windbreaker jacket with a hood.

- The cost of transport for a group of 15 people: 650 SOM/person (for members of the "Union ..." 550 SOM/person).

### **05.12.2021 (Sun) Ala-Archa gorge, Aksai waterfall**

One-day hike to the Ala-Archa gorge, visiting the frozen Ak-Sai waterfall - picnic, returning to the bus stop - transfer to Bishkek.

- The length of the auto route: 90 km., Walking route: 9 km. The maximum difference in altitude is 600m., The starting point is 2200m. - finish point 2800m. **Departure 09:00 am.**

- A non-categorical hike of an average level of training and requiring elementary skills to be in the mountains.

Equipment - good mountain boots, gaiters to protect feet from moisture and snow, jacket, hat, scarf and gloves, backpack 25-30l. It is advisable (but not required) to have trekking sticks, sunglasses, sunscreen, a windbreaker with a hood.

- The cost of transport and payment for entrance tickets to the National Park "Ala-Archa" for a group of 15 people: 600 som / person. (for members of the "Union ..." 500 som / person).

### **05.12.2021 (Sun) Sunny Canyons.**

One-day hike to the Sunny Canyons of the Boom gorge (not Konorchek, not Kokmoinok).

- The length of the car route: 300km., walking route: 10km. The maximum height difference is 300m., the starting place is 1650m– - the finish place is 1950m. **Departure 08:00 am.**

- A non-categorical hike of the initial and intermediate level of training and requiring basic skills of being in the mountains.

- Equipment - good mountain boots, gaiters to protect your feet from moisture and snow, jacket, hat, scarf and gloves, backpack 25-30L. It is desirable (but not necessary) to have track sticks, sunglasses, sunscreen, a windbreaker jacket with a hood.

- It is possible to have children on the trip from 10 years and older, but only with their parents.

The cost of transport for a group of 15 people: 700 SOM/person (for members of the "Trekking Union ..." 600 SOM/person)

*Our motto in hiking:*

*"Take only photos with you, leave only footprints behind you."*

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